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On Implementation of Plants in the Indoor Environment in Intelligent Buildings

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The article deals with the research of the influence of plants on the potential energy savings in the field of ventilation of intelligent buildings. It is known that selected plants can effectively reduce the concentration of carbon dioxide even in the indoor environment of buildings in poor lighting conditions. The paper presents a theoretical simulation method that shows the potential of selected plants to reduce the concentration of carbon dioxide in the indoor environment and thus reduce the requirement for the amount of supplied air in intelligent buildings which are air-conditioned based on the current and required concentration of carbon dioxide. The results of the research are very influential; in terms of overall percentage savings, plants have the most significant effect in buildings with lower indoor air quality (IDA4+), while they have a less significant effect in areas with high air quality according to carbon dioxide concentration (IDA2, IDA3). Research with the help of computer simulation shows that the implementation of 1 m² of living green plants, depending on the quality class of the IDA indoor environment, can bring savings on the amount of supplied air in the range of 0.058 % to 1.997 % for a typical office for 4 people.

Keywords: carbon dioxide, indoor environment, air comfort, indoor greening, climate change.

Introduction

The quality of the building's indoor environment from the point of view of the air quality indicator has become very topical nowadays. While there is an increasing interest in the energy efficiency of modern intelligent buildings, monitoring the quality of the indoor environment in a practical environment is not given the necessary importance. To ensure an appropriate indoor air quality level, the building must be sufficiently ventilated or air-conditioned. Most intelligent buildings have controlled ventilation based on the current concentration of CO₂ in the indoor environment. In general, the indoor environment can be divided into 4 basic groups of IDA (indoor air) according to the quality of the indoor environment.

In order to adjust the supply air to the required temperature, a big amount of energy is necessary, and it is assumed that even minimal savings can have a great importance from a global perspective (Ürge-Vorsatz et al., 2015). If the concentration of carbon dioxide in outdoor air increases in the coming decades from the current value from 410 ppm to the predicted 670 ppm in the year 2100 (Hersoug et al., 2012; McNeil & Sasse, 2016; Field et al., 2014), the problem of building ventilation is becoming very important. In recent years, intensive research on the implementation of plants in the indoor environment of intelligent buildings with respect to the internal parameters of a typical environment has begun. It has been found that selected plant species can effectively reduce CO₂ in indoor conditions (Gubb et al., 2018; Tudiwer & Korjenic, 2017; Shao et al., 2021) and thus contribute to improving the quality of the indoor environment and at the same time reducing the amount of air supplied, thus bringing energy savings for building ventilation.

Methods

Description of the current state

The basic indicator of the quality of the indoor environment is the concentration of CO₂. The generally recommended maximum CO₂ concentration is 1000 ppm (Torpy et al., 2017; Lu et al., 2015; Tsai et al., 2012; Seppanen

et al., 1999). Higher concentrations can have a negative effect on the people's performance in the indoor environment of buildings (Satish et al., 2012; Allen et al., 2016; Pinto et al., 2021; Chan et al., 2020). The sick building syndrome can appear in places with long-term occurrence in environments with higher concentrations of CO₂. To maintain the concentration of CO₂ in the indoor environment at the required values, it is necessary to ventilate the environment sufficiently. It is known that energy consumption for indoor air conditioning, i.e., energy consumed for heating and cooling, represents on average 40 % of the total energy consumption for the operation of office buildings per year (Ürge-Vorsatz et al., 2015; Serrano et al., 2017). Considering that, if the CO₂ concentration in the supply air continues to increase (Hersoug et al., 2012; McNeil & Sasse, 2016), it is important to look for alternative methods to ensure the required indoor air quality.

Several studies have demonstrated that the selected plants can be effective reducers of carbon dioxide, even under conditions corresponding to the internal environment (Gubb et al., 2018; Franek et al., 2020; Pettit et al., 2017; Irga et al., 2019). Between such plants belong, for example, *Hedera helix*, *Spathiphyllum wallisii* 'Bellini', *Spathiphyllum wallisii* 'Verdi'. One of the most important aspects for the photosynthetic response of plants is a sufficient photosynthetic photon flux density (PPFD). In an indoor environment, PPFD less than 10 µmol/m²/s can be considered as low-level lighting, while PPFD values around 50 µmol/m²/s can be considered as high-level lighting.

Using light sources in indoor environments can lead to very high levels of illumination in a range greater than 200 µmol/m²/s. At lighting values lower than 10 µmol/m²/s, plants can assimilate CO₂ only to a limited extent, especially selected plants such as *Spathiphyllum wallisii* 'Verdi' (Gubb et al., 2018; Pennisi & van Iersel, 2012). At values around 50 µmol/m²/s, they can already effectively assimilate CO₂, for example plants such as: *Hedera helix*, *Spathiphyllum wallisii* 'Bellini', *Spathiphyllum wallisii* 'Verdi' (Gubb et al., 2018). In case of a further requirement for a higher ability to assimilate CO₂ by plants, it is appropriate to install artificial lighting in the indoor

environment to ensure a higher and constant PPFD (Nelson et al., 2014). The assimilation of these selected plants slightly influenced by the humidity of the substrate. The CO₂ assimilation rate of selected plants for lighting conditions of 50 $\mu\text{mol}/\text{m}^2/\text{s}$ is shown in Table 1.

Table 1 shows that selected 3 cultivars can assimilate CO₂ even under the light conditions of the indoor environment of buildings, specifically at PPFD 50 $\mu\text{mol}/\text{m}^2/\text{s}$ is the most effective plant from the selected cultivars is *Spathiphyllum wallisii* 'Verdi', which is able to assimilate 0.110 g/h/m², *Spathiphyllum wallisii* 'Bellini' 0.066 g/h/m² and *Hedera helix* 0.062 g/h/m². At

PPFD 200 $\mu\text{mol}/\text{m}^2/\text{s}$, the most effective *Hedera helix* with an assimilation capacity of 0.998 g/h/m². The values are characteristic for an ambient temperature of 25°C, a relative humidity in the range of 35–45 % and a CO₂ concentration in the environment in the range of 400–450 ppm. It is important to point out that in general the increasing concentration of CO₂ in the indoor environment increases the ability of plants to assimilate CO₂ up to several times. However, this involves a much higher amount of light, and in this modeling, this effect is, therefore, neglected due to the relatively low level of illumination in the model's indoor environment.

Table 1. CO₂ assimilation by selected plants according to the PPFD level (Gubb et al., 2018)

Cultivar	LCP [$\mu\text{mol}/\text{m}^2/\text{s}$]	Cultivar metabolism	Net CO ₂ assimilation per m ² of plant's leaf [g/h/m ²]	
			PPFD 50	PPFD 200
<i>Hedera helix</i>	30.9	C3	0.062	0.998
<i>Sp. w. Bellini</i>	31.9	C3	0.066	0.316
<i>Sp. w. Verdi</i>	20.1	C3	0.110	0.325

For optimal implementation of this new experimental method into the indoor environment of buildings, it is appropriate to incorporate the conceptual solution of the method, including preliminary calculations into the design of newly prepared projects of intelligent buildings before construction to eliminate the possible shortcomings of the design itself, which take into account a spatial arrangement and furniture in the indoor environment, effect of sunlight and overall urbanism of the site (Tuháček et al., 2020; Hormigos-Jimenez et al., 2018; Buratti et al., 2017; Liu et al., 2019; Hormigos-Jimenez et al., 2018; Aryal & Leephakpreeda, 2015). The indoor environment of buildings is polluted from the point of view of CO₂ mainly by human activity, while the administrative worker produces on average 31.5 g/h/person of CO₂ in the office environment (Persily & de Jonge, 2017).

Methodology description and input data

Based on a defined model of the indoor environment, the potential of implementing plants in the indoor environment of buildings for CO₂ assimilation is researched, and by what percentage less air can be supplied with a certain amount of green leaf area of selected cultivars, if

the building is ventilated according to measurement with a current CO₂ concentration sensor. The model environment examines the efficiency of plants under light conditions of PPFD 50 $\mu\text{mol}/\text{m}^2/\text{s}$ and PPFD 200 $\mu\text{mol}/\text{m}^2/\text{s}$, in combination for individual indoor air quality classes IDA2, IDA3, IDA4 and IDA4+.

The model environment is an office for 4 administrative workers with a total volume of 71.8 m³, considering the planting of 1 m² of green leaves of the plant per 1 worker. The model case considers the start of working hours with the initial concentration of CO₂ at the value of the maximum permissible concentration according to the specified individual IDA classes. Specifically, there are 4 IDA classes, each with a maximum allowable concentration of CO₂ in the indoor environment as follows: IDA2 max 600 ppm; IDA3 max 1000 ppm; IDA4 also allows concentrations higher than 1000 ppm. For class IDA4, the maximum concentration is determined by this research at 1400 ppm (IDA4) and at 2000 ppm (IDA4+). The IDA1 class was in this modeling omitted, because the office environment is usually not required to meet such a high-quality class of the indoor environment. The IDA1 class is typically used in very clean environments,

such as operating rooms and laboratories. The concentration of CO₂ in the supply air is considered to be 410 ppm, and the effect of air mixing in the ventilation system can be neglected, because in the case of mixing with circulating air, it is necessary to supply a relatively larger amount of air to bring the indoor environment to the required IDA class. The CO₂ production of each worker is 31.5 g/h/person. The reduction of CO₂ by plants for PPFD 50 μmol/m²/s is considered to be 0.11 g/h/m², and for PPFD 200 μmol/m²/s, 0.998 g/h/m² is considered. The modeling (simulation) neglects the effect of changes in plant temperature. In an office environment it can be considered a stable temperature in the range 19 to 25 °C. It is neglected the influence of relative humidity which is in an indoor environment in a range from 35 to 55 %, and neglects the change in atmospheric pressure, which is determined on the present research at value of 101.325 kPa. For the conversion of ppm values to mass concentration, the molar mass of CO₂ is 44.009 g/mol. Within the modeling (simulation) capability is further neglected higher CO₂ assimilation by plants in areas with higher concentrations of CO₂, as is foreseen with the illumination level of the external environment, i.e., PPFD > 1200 μmol/m²/s, which is a prerequisite for higher CO₂ assimilation. The effect of mixing plant-treated air with extracted air is neglected.

Computational models

In the model example, it is necessary to take into account the initial state of CO₂ concentration in the indoor environment, CO₂ production during human activity, CO₂ reduction during air exchange from the outside environment, CO₂ loss due to implementation of experimental method, location of green plants. For these purposes, the following formulas were defined in the research report (1):

$$C_{in} = \frac{m_{ori} + m_{pro} - m_{red}}{V_{in}} \quad (1)$$

Where: C_{in} – is the instantaneous indoor pollutant concentration [g/m³]; m_{ori} – is the initial indoor pollutant mass [g]; m_{pro} – is the indoor pollutant mass excess [g]; m_{red} – is the indoor pollutant mass loss [g]; V_{in} – is the total volume of indoor air [m³].

The requirement for the amount of supply air in relation to the required concentration is based on (2):

$$Q_{sa} = \frac{V_{in} \cdot (C_{req} - C_{in})}{(C_{out} - C_{in})} \quad (2)$$

Where: Q_{sa} – is the requirement for the amount of supply air for office in a defined period of time of 1 hour [m³/h¹]; V_{in} – is the total volume of indoor air [m³]; C_{req} – is the desired pollutant concentration [g/m³]; C_{in} – is the current pollutant concentration inside the room area [g/m³]; C_{out} – is the pollutant concentration of the supplied air [g/m³].

Results and Discussion

Based on the above defined formulas, it was found that plants in the indoor environment of buildings that were ventilated (air-conditioned) according to the current concentration of CO₂ could achieve operational savings in terms of demands on the amount of air supplied. According to the assumption, it was shown that under very low PPFD lighting conditions of 50 μmol/m²/s of the indoor environment, the plants assimilate CO₂ and thus reduce the air supply requirement. A more significant energy saving requirement is achieved with lighting in PPFD values of 200 μmol/m²/s. The results of the model are shown in Table 2.

Table 2. Modeling results according to PPFD levels and according to IDA class

Class IDA	Rate of ventilation air flow for office [m ³ /h]		
	Without plants	With plants and PPFD 50	With plants and PPFD 200
IDA2	59.96	59.93	59.64
IDA3	44.51	44.45	43.97
IDA4	35.39	35.33	34.82
IDA4+	27.07	27.01	26.53

Table 2 shows that the lowest effect of plants was observed for IDA2 under PPFD illumination of $50 \mu\text{mol}/\text{m}^2/\text{s}$, where plants for the model environment had the effect of reducing the supply air requirement by only 0.05 %. The greatest effect of plants was observed with IDA4+ under PPFD lighting of $200 \mu\text{mol}/\text{m}^2/\text{s}$, when the plants in the model example were able to reduce the requirement for the amount of supplied air by 2.00 %.

Figs. 1–4 clearly show the results of modeling the indoor environment according to the required quality of the IDA indoor environment, according to lighting and according to the implementation of plants. In each case, when plants were implemented in the indoor environment, a reduction in the requirement for the total amount of air supplied to the model space was achieved. In Figs. 1–4, the savings are marked with a ‘-’ sign.

The most significant reduction in demand on the amount of supplied air was found in the case of operation of environments with poorer quality of indoor environment IDA4+, where 1 m^2 of green plant per person was able to reduce the requirement for the amount of supply air by 1.997 % for PPFD $200 \mu\text{mol}/\text{m}^2/\text{s}$, and 0.218 % for PPFD $50 \mu\text{mol}/\text{m}^2/\text{s}$.

The implementation of plants in the IDA4 environment has the effect of reducing the amount of supplied air by 1.632% for PPFD $200 \mu\text{mol}/\text{m}^2/\text{s}$ and 0.177% for PPFD $50 \mu\text{mol}/\text{m}^2/\text{s}$, and in the case of IDA3, by 1.228 % for PPFD $200 \mu\text{mol}/\text{m}^2/\text{s}$ and 0.133 % for PPFD $50 \mu\text{mol}/\text{m}^2/\text{s}$. It can be assumed that savings could be further optimized by using modern control systems, such as Smart Optimum and Decision Intelligent Control, or by using systems based on data collection into

Fig. 1. Total comparison of the amount of supplied air and the potential for savings in the case of placing plants in the model space depending on PPFD and class IDA2

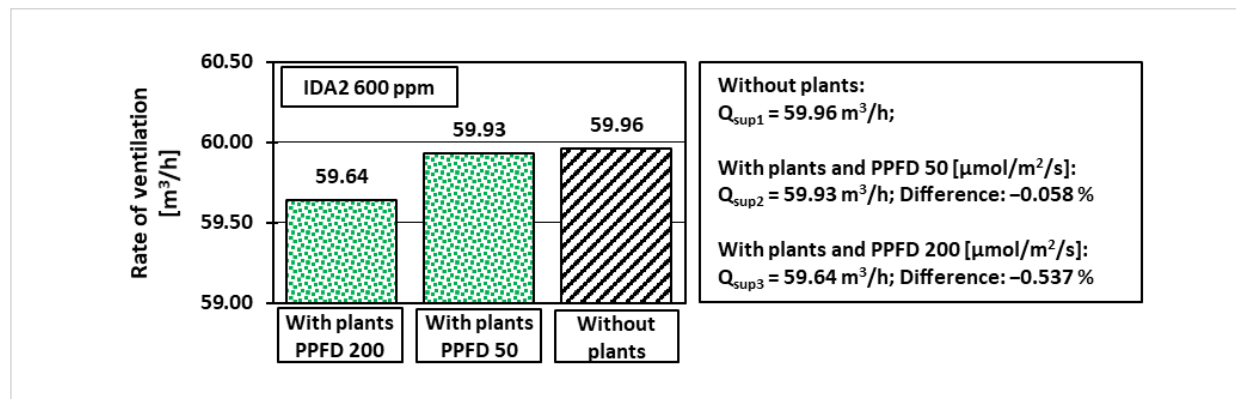


Fig. 2. Total comparison of the amount of supplied air and the potential for savings in the case of placing plants in the model space depending on PPFD and class IDA3

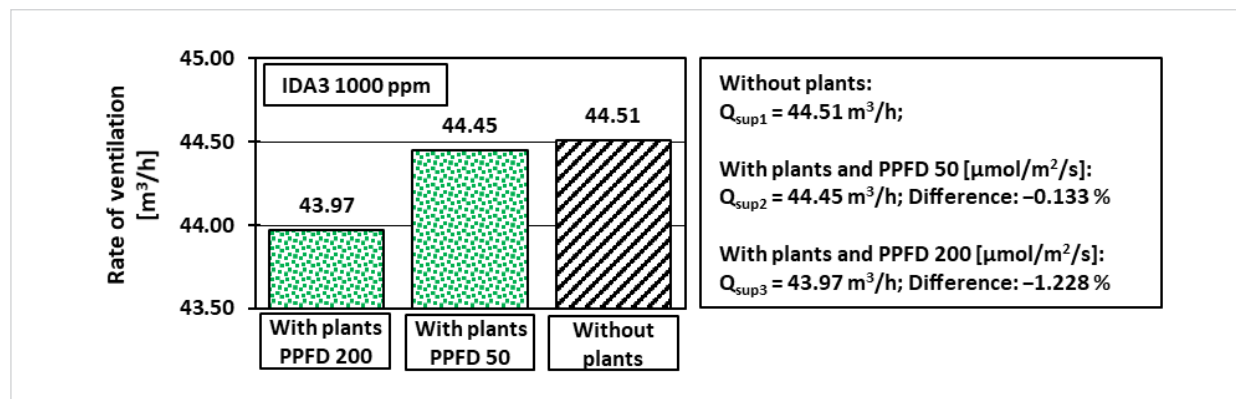


Fig. 3. Total comparison of the amount of supplied air and the potential for savings in the case of placing plants in the model space depending on PPFD and class IDA4

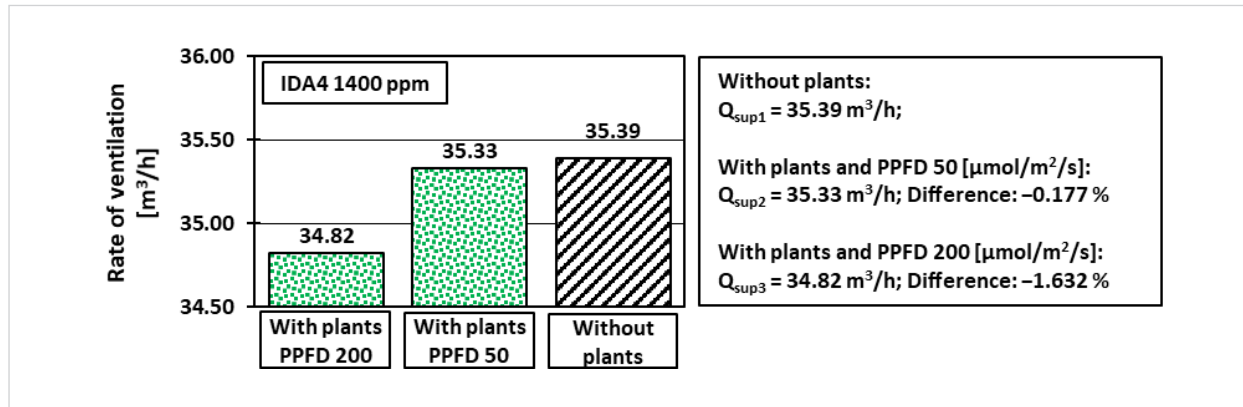
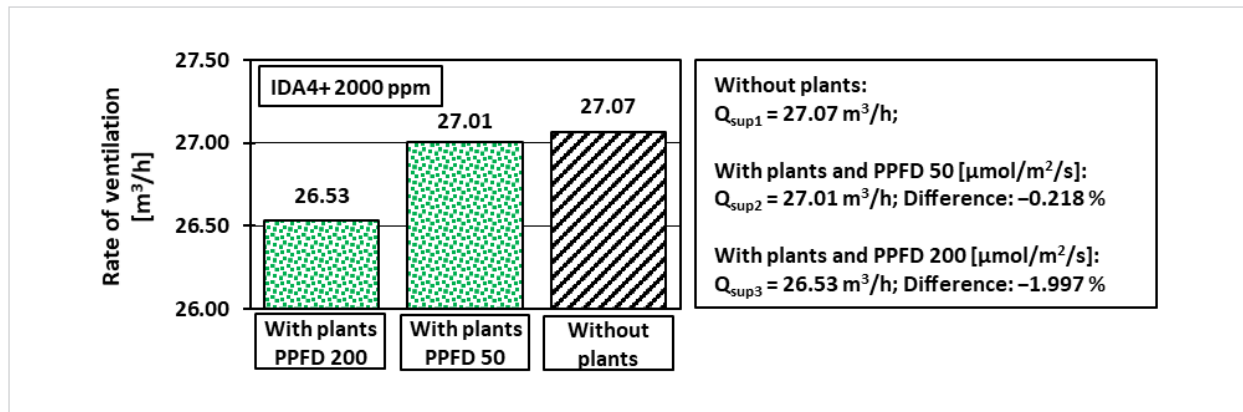


Fig. 4. Total comparison of the amount of supplied air and the potential for savings in the case of placing plants in the model space depending on PPFD and class IDA4+



cloud storage, their current analysis and immediate application to automatic internal control of building environment (Yao & Zheng, 2010; Yang et al., 2019). With the help of intelligent automatic control systems, it is then possible to optimize the layout of the furniture in the indoor environment and the immediate requirements of users for the quality of the indoor environment (Hormigos-Jimenez et al., 2018; Majewski et al., 2020).

The results show that plants have the greatest impact in environments that have less demand for the amount of changed air. It should be noted that the highest plant efficiency is recorded for IDA4+, where approximately half the level of ventilation is expected compared with the IDA2 environment.

Conclusions

The presented research theoretically proves that plants have the potential to reduce the concentration of CO₂ in the indoor environment and thus result in operational savings on ventilation and air-condition of buildings while maintaining the same quality parameters. The most significant savings are achieved in areas with poorer quality of the indoor environment, where a high degree of ventilation is not expected; in such an environment, research has shown the potential for operational savings in the field of ventilation of intelligent buildings to be up to 1.997%. On the contrary, the smallest potential in the model environment has the implementation of the same area of plants in an environment where

intensive ventilation is expected due to the high quality of the environment; here, theoretically, savings only between 0.058 % and 0.537 % were demonstrated. To increase the potential plant implementation even in intensively ventilated areas, it is necessary to significantly increase the total area of implemented greenery.

From the economical point of view of building's operation, the influence of plants with the level of PPF 50 $\mu\text{mol}/\text{m}^2/\text{s}$ and at actual concentration of CO_2 in indoor supply air with 410 ppm is neglected for all researched classes of IDA. Potentially measurable savings in practice in the amount of reduced ventilated air can be seen from plants with a minimum lighting PPF 200 $\mu\text{mol}/\text{m}^2/\text{s}$. For overall economic profitability assessment, it is necessary to realize further research, which takes into account a possible operation of a lighting system and plant maintenance in the indoor environment.

Research has shown a positive potential of plants for indoor environmental quality. The model considered the

CO_2 concentration of the air supply from outside to be 410 ppm. Assuming that the concentration of CO_2 in the outside air continues to increase over the next century, the implementation of plants in the indoor environment of buildings will be far more important and the savings achieved on ventilation of intelligent buildings with such increased CO_2 concentration will be greater.

The present research shows a completely new perspective on the issue of energy saving ventilation in intelligent buildings, which is appropriate to pay attention to and further investigate.

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